

THIRD EDITION

ALAN F. ARBOGAST

# Discovering Physical Geography



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# DISCOVERING PHYSICAL GEOGRAPHY

Third Edition

**Alan F. Arbogast**

Michigan State University

WILEY

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*For Jenn, Hannah, and Rosie*

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## ABOUT THE AUTHOR



William Lovis

**ALAN F. ARBOGAST** is Professor and Chairperson in the Department of Geography at Michigan State University in East Lansing, Michigan. He is an award-winning instructor at MSU where he teaches a variety of classes at the undergraduate and graduate levels. Most of these courses are related to physical geography, geomorphology, and human-environment interactions. Alan frequently teaches large lecture classes and is known as an enthusiastic instructor who uses innovative approaches. He has also taught extensively in Australia and New Zealand in association with MSU's study abroad program.

Alan's research focuses on the Holocene landscape evolution of eolian, coastal, and fluvial environments in the Great Lakes region. Most of his research focuses on the age and formation of coastal sand dunes along Michigan's Great Lakes. Alan has published over 30 scientific papers, book chapters, and monographs related to this work. His research has been funded by the National Aeronautics and Space Administration, the National Science Foundation, and the state of Michigan. He is a member of the Association of American Geographers, Geological Society of America, St. George Geographical Society, and American Quaternary Association. Alan is married to Jennifer and has two daughters, Hannah and Rosie.

Follow Alan on Twitter at: @ArbogastDPG, where he posts regularly on topics related to geography and the environment.

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## PREFACE

*Introduction to Physical Geography* is a high-enrollment course at most universities. The usual goal of this course is to help students understand the Earth as a natural system and how various processes on the planet operate over time and space. Given the interactions that occur among these natural processes, physical geography requires the integration of many different topics. For example, students are expected to understand how seasonal Earth–Sun relationships affect atmospheric circulation, which in turn influences the distribution of vegetation. In addition, physical geography is an applied discipline that can inform decisions about environmental issues such as global warming, earthquake hazards, coastal erosion in populated areas, soil degradation, and deforestation, to name only a few.

### **Discovering Physical Geography: A Visually Oriented, Interactive Approach**

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Everyone associated with geography is fully aware that geographical literacy in the United States is very poor. This poor comprehension exists not only with respect to the fundamental issue of locating places, but also in understanding the age and processes associated with physical landscapes. Because many students enroll in a physical geography course only to fulfill a general education requirement in natural science, they frequently have little enthusiasm for the subject or fail to see the relevance of the class in their lives. In addition, a high percentage of students are simply afraid of science and are thus intimidated by the course. As a result, they believe that their chances of success in the class are low.

*Discovering Physical Geography* confronts these barriers to learning and classroom success in a number of unique ways. At a fundamental level, the text is written in a conversational style that is easily understandable to the average nonmajor. This writing style was not chosen at the expense of science, as the topics covered are dealt with in the scope and breadth as they are elsewhere. In fact many topics, such as Earth/Sun geometry, reconstructing past climates, ongoing climate change, geologic time, tides, and formation of sand dunes, to name a few, are covered in a more comprehensive way in this text than in others. The discussions are

just presented in a more accessible way to help the nonmajors and those intimidated by science as they grapple with the concepts. My goal was to help them connect with the content a bit more readily.

Another way that this text confronts learning barriers is by offering students rich graphics and striking photos that depict physical processes and the natural variability of the landscape in memorable ways. The quality and breadth of the illustrations are designed to spark students' interest and help them see the relevance of physical geography to their daily lives. The illustrations are accompanied by a dynamic tool, *the Geo Media Library*, which is an interactive, Web-based multimedia resource. *The Geo Media Library* consists of a variety of animations and simulations that allow students to visualize and manipulate many of the factors associated with geographical processes and see the results over time and space. The multimedia will enhance students' learning as they participate more closely in geographical processes and will reinforce the integrative nature of the discipline by showing related variables in motion. This form of active learning will, in turn, help promote long-term retention of the material. The multimedia is fully integrated within the chapter text in distinct sections that direct students to the related modules on the website and explain to students what they should expect to learn by interacting with it.

Each *Geo Media* module also includes a variety of self-assessment questions for students. Students can use these questions to test their understanding of topics, or instructors can assign them as homework. Such questions allow both students and instructors to assess learning. They also provide the foundation for exam questions that are independent of class lectures. The *Geo Media* modules should motivate more students to interact with the textbook and media because they will more readily see their connection with the course. They contain a variety of self-assessment tools that will engage the interest of *all* students enrolled in physical geography, not just those who are scientifically inclined or have a background in Earth science.

### **Changes for the Third Edition**

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Students and faculty often wonder why it is necessary to produce new editions of textbooks. The need for new editions in

geography is particularly necessary because events frequently occur that change the nature of the cultural and physical landscape. Similarly, scientists learn more about Earth processes between editions that advance the state of knowledge. Since the second edition of this text was written, a number of important events have occurred on Earth that require coverage in a third edition. For example, the extent of the annual Antarctic ozone hole shows signs of shrinking due to international efforts to control the production of chlorofluorocarbons. An intense tsunami hit Japan in March 2011. This tsunami devastated the coast, killed about 16,000 people, and damaged property even on the western seaboard of the United States. Still another major event was Hurricane Sandy, which blasted the northeast coast of the United States (particularly New Jersey and New York) in the fall of 2012. Although this storm was ranked only as a Category 1 hurricane, the geographical area it covered was huge. In addition, it struck the coast at the peak high tide, which magnified beach erosion, property loss, and flooding.

On the climate front, concentrations of atmospheric carbon dioxide on Earth have risen still further, from about 390 ppm in 2010 to 395 ppm in 2013. This continued increase is causing the vast majority of climate scientists to become even more concerned about the effects of climate change and the potential future warming of Earth. As a result, the melting of the Greenland ice cap (as well as other glaciers on Earth) apparently continues to accelerate, including a dramatic increase in the amount of surface melt area in July 2012. Ongoing climate change may have contributed to an intense drought in the central United States from 2011 to the early part of 2013, one that harked back to the Dust Bowl era of the 1930s. Similarly, the occurrence of wildfires appears to be rising in the western United States, often with disastrous results. Although these are far from the only changes in the physical geography of Earth, they illustrate why a new edition is warranted.

Aside from the new coverage of topics in this edition, another reason to create a new one was simply to improve upon the second edition and make it a better resource for students. The first and second editions were well received, and a number of reviewers and users of it offered excellent suggestions to strengthen the text. A key area of emphasis in this edition was to enhance the Human Interactions theme of the text. This theme focuses on some of the many ways that physical geography is relevant to human/environment interactions such as global climate change, agriculture, and energy production. Given the growing relevance of human/environmental issues in the world, and the important role physical geographers play in understanding and solving them, this theme was systematically strengthened in this edition by adding the following *Human Interactions* discussions:

1. *The United States Public Land Survey*—One of the key reference features for geographers is the Earth's grid system, which allows people to determine location based on latitude and longitude. In the United States we also use another type of grid system, one based on the four

cardinal directions, to organize property and space in a systematic way. This discussion focuses on how this survey system is organized and used.

2. *Drought in the U.S. Farm Belt*—One of the most indirect ways that physical geography is relevant to people is when weather patterns change and drought conditions evolve. Such a drought enveloped the central United States from 2011 to 2013. The drought was particularly bad in the summer of 2012 when searing temperatures and low rainfall burned crops throughout the region to a crisp. As a result, crop yields fell dramatically and food prices surged. This discussion in Chapter 7 examines the cause of this drought and the impact it had on the regional farm industry.
3. *Coping with Destructive Hurricanes*—The intensity of recent hurricanes, such as Katrina in 2005 and Sandy in 2012, demonstrates why people need to carefully monitor tropical circulatory systems during the fall months. The discussion in Chapter 8 follows the tracks of these two storms and the devastation they caused. It also touches on the political problems associated with dealing with these massive storms.
4. *Human Influence on Vegetation Patterns*—One of the most obvious ways that people impact the environment is by changing the nature of plant cover, such as through deforestation or agriculture. These issues are closely examined in Chapter 10, with an enhanced focus on the role of agriculture in the Great Plains region in North America.
5. *The Anthropocene*—This discussion in Chapter 12 reflects the fact that humans have become the most important variable that influences the shape and patterns of the Earth's landscape. In response to this heavy influence, geologists are strongly considering the establishment of a new period in the geological timescale called the Anthropocene. The discussion weighs the evidence for such a new designation, as well as the most logical time for it to have begun.
6. *Earthquakes as Natural Hazards*—Earthquakes are perhaps the most frightening of natural hazards because they occur without warning. Strong earthquakes can be devastating, with significant loss of human life. The discussion in Chapter 13 examines the concept of earthquake probability and focuses specifically on the tsunamis that blasted Indonesia in 2005 and Japan in 2011. It compares the warning systems in each region at the time the earthquakes and associated tsunamis struck and their impacts in terms of loss of human life.
7. *Developing Unconventional Oil Supplies in North America*—The second edition of the text included a new chapter, Chapter 20 (*Relevance of Physical Geography to Environmental Issues*). This chapter included three case studies that focused on water issues in the arid southwestern United States, soil salinization in California and Australia, and geographers' efforts to stabilize

the panda habitat in China. This chapter now includes a fourth case study that focuses on the challenges we as a nation face to develop unconventional sources of oil, now that the easily mined oil has been consumed. It includes a discussion of fracking, the controversial technique used to extract oil and natural gas from shale deposits where these carbon-based energy supplies are tightly bound.

## Special Features of the Text

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To help students navigate their way through the book and better appreciate the nature and scope of physical geography, the chapters include a number of special and innovative features:

- **Discover...**—This feature presents an opportunity for students to discover the patterns and causes of particularly interesting geographic phenomena, such as rainbows, wildfires, and unusual clouds (to name a few) on Earth. Each chapter has one such feature, which includes a photo and explanation of how geographers interpret this aspect of the Earth system. The goal of this feature is to make students realize that there is more to the physical landscape than meets the eye, which will hopefully spark their interest in what they see around them. A variety of new such features have been included in this edition, such as the *Mars Rover* (Chapter 2), *What Is the Land Skin Temperature?* (Chapter 5), *Fossil Fuels* (Chapter 12), *Earthquake Prediction and the Italian Legal System* (Chapter 13), *Prehistoric Cliff Dwellings in the Southwestern U.S.* (Chapter 14), and *Coastal Dunes Along the Eastern Shore of Lake Michigan* (Chapter 19).
- **Geo Media Library**—Each chapter contains several multimedia modules that explain to students what they can expect to see and learn as they interact with the simulations and animations on the text's website. The website media also include a variety of self-assessment questions for students.
- **Visual Concept Check**—To provide students with a means of self-testing within the flow of chapter content, this feature offers a scenario with an illustration and questions to test students' understanding of key chapter concepts. Answers to the visual concept checks appear at the end of the chapter.
- **Key Concepts to Remember**—This feature is an interim summary that appears after specific sections of the chapter to help students check their comprehension of the key concepts covered.
- **Locator Maps with Photographs**—Photographs of non-U.S. sites are accompanied by a small map indicating the location of the site shown.
- **Marginal Glossary**—Key terms are set in boldface type in the text and defined at the foot of the page for easy recognition and reference.

- **Summary of Key Concepts**—The main points of the chapter are summarized.
- **Check Your Understanding**—Self-assessment questions at the end of the chapter allow students to test their comprehension.

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*Alan F. Arbogast*  
*Professor of Geography*  
*Michigan State University*

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- Practice Questions provide immediate feedback to true/false, multiple-choice, and short-answer questions.
- [www.ConceptCaching.com](http://www.ConceptCaching.com): caches linked directly to the e-book give additional examples of the concepts.
- Geo Media modules and questions.
- Interactive Drag-and-Drop Exercises challenge students to correctly label important illustrations from the textbook.

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## Discovering Physical Geography Instructor's Site ([www.wiley.com/college/arbogast](http://www.wiley.com/college/arbogast))

This comprehensive website includes numerous resources to help you enhance your current presentations, create new presentations, and employ our premade PowerPoint presentations. These resources include:

- **Image Gallery.** We provide online electronic files for the line illustrations and maps in the text, which the instructor can customize for presenting in class (for example, in handouts, overhead transparencies, or PowerPoints).
- A complete collection of **PowerPoint presentations**, available in beautifully rendered, four-color format, has been resized and edited for maximum effectiveness in large lecture halls.
- A comprehensive **Test Bank** with multiple-choice, fill-in, matching, and essay questions is distributed via the secure Instructor's website as electronic files, which can be saved into all major word-processing programs.
- **Geo Media Library.** In addition to the modules from the book, this easy-to-use website offers lecture launchers that help reinforce and illustrate key concepts from the text through the use of animations, videos, and interactive exercises. Students can use the resources for tutorials as well as self-quizzing to complement the textbook and enhance understanding of geography. Easy integration of this content into course management systems and homework assignments gives instructors the opportunity to integrate multimedia with their syllabi and with more traditional reading and writing assignments. Resources include:

- **Animations:** Key diagrams and drawing from our rich signature art program have been animated to provide a virtual experience of difficult concepts. These animations have proven beneficial to the understanding of this content for visual learners.
- **Videos:** Brief video clips provide real-world examples of geographic features and put these examples into context with the concepts covered in the text.
- **Simulations:** Computer-based models of geographic processes allow students to manipulate data and variables to explore and interact with virtual environments.
- **Interactive Exercises:** Learning activities and games built off our presentation material give students an opportunity to test their understanding of key concepts and explore additional visual resources.
- An online database of photographs, **www.ConceptCaching.com**, allows professors and students to explore what a physical feature looks like. Photographs and GPS coordinates are "cached" and categorized along core concepts of geography. Professors can access the images or submit their own by visiting [www.ConceptCaching.com](http://www.ConceptCaching.com).
- **Instructor's Manual.** This manual includes chapter overviews, lecture suggestions, and classroom activities.

## Wiley Faculty Network

This peer-to-peer network of faculty is ready to support your use of online course management tools and discipline-specific software/learning systems in the classroom. The Wiley Faculty Network will help you apply innovative classroom techniques, implement software packages, tailor the technology experience to the needs of each individual class, and provide you with virtual training sessions led by faculty for faculty.

## Student Companion Website ([www.wiley.com/college/arbogast](http://www.wiley.com/college/arbogast))

This easy-to-use and student-focused website helps reinforce and illustrate key concepts from the text. It also provides interactive media content that helps students prepare for tests and improve their grades. This website provides additional resources that complement the textbook and enhance your students' understanding of physical geography:

- **Flashcards** offer an excellent way to drill and practice key concepts, ideas, and terms from the text.
- **The Geo Media Library** allows students to explore key concepts in greater depth using videos, animations, and interactive exercises.
- **Chapter Review Quizzes** provide immediate feedback to true/false, multiple-choice, and short-answer questions.
- **Annotated Web Links** put useful electronic resources into context.





## A GUIDE TO THE FEATURES

**DISCOVER...**—This feature presents a photo and demonstrates how visual clues contained within it can be used to “discover” the character of the landscape or environment. The goal of this feature is to make students realize that there is more to the physical landscape than meets the eye, which will hopefully spark their interest in what they see around them.

**GEO MEDIA LIBRARY MULTIMEDIA**—Multimedia in every chapter explain to students what they can expect to see and learn as they interact with the simulations, animations, and videos on the text’s website. *WileyPLUS* also includes a variety of self-assessment questions for students.

### DISCOVER...

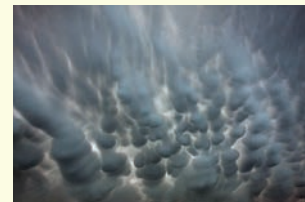
#### FASCINATING CLOUDS ASSOCIATED WITH THUNDERSTORMS

In addition to strong wind, lightning, and thunder, powerful thunderstorms sometimes produce fascinating cloud patterns diagnostic of distinct meteorological processes. One such cloud formation is a *shelf cloud* like the one pictured here. A shelf cloud develops when a cold downdraft within a storm surges outward along the ground after it reaches the surface. As it does so, it lifts the relatively warm and moist air ahead of the storm up to the level of condensation, forming this shelf-like feature. Such a cloud is often accompanied by a cold gust front.

Another interesting and diagnostic cloud formation associated with thunderstorms is *mammatus clouds*. Also known as *mammato cumulus*, which means “mammary cloud,” mammatus clouds look like pouches or lobes hanging eerily upside down in the air like those shown here. These clouds are usually found on the base of a spreading anvil downwind of a large thunderstorm. Their formation is poorly understood but may be somehow related to overturning pockets of colder air that descend into warmer air at high altitudes. Although they are usually composed of ice, they also contain liquid water and can seem translucent. Mammatus clouds are more common during warm months and are more often seen in the Midwest and the eastern parts of the country.



Mark Heringford / Science Source



Tom Fleming/Photo Researchers/Getty Images



[www.wiley.com/college/arbogast](http://www.wiley.com/college/arbogast)

**WileyPLUS**

### Formation of a Midlatitude Cyclone

We can now examine how the development of midlatitude cyclones occurs in an animated way by viewing the animation *Formation of a Midlatitude Cyclone*. This module allows you to see the process of cyclogenesis in motion. Figure 8.9 is the foundation of this animation. As you watch the animation, follow how an initial kink in the atmosphere evolves into a mature cy-

clone that spins counterclockwise in the Northern Hemisphere. This animation will help you better understand how these systems and associated processes cause highly variable weather when they migrate through a region. Once you have completed the animation, be sure to answer the questions at the end of the module to test your understanding of this concept.

**KEY CONCEPTS TO REMEMBER**—This feature is an interim summary that appears after specific sections of the chapter to help students check their comprehension of the key concepts covered.

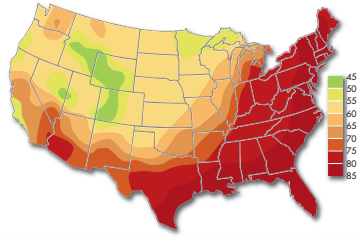
**KEY CONCEPTS TO REMEMBER ABOUT AIR MASSES AND FRONTS**

1. An air mass is a large body of air that has distinctive characteristics and forms in specific geographic regions.
2. Five principal types of air masses affect North America. Continental air masses include continental Polar (cP), continental Arctic (cA), and continental Tropical (cT).

**VISUAL CONCEPT CHECK 8.1**

This image shows temperature in the United States. Where is the approximate location of the cold front?

- a) Western Texas.
- b) Florida.
- c) It cuts across the states of Washington and Oregon.
- d) It extends from western Michigan to central Texas.



**VISUAL CONCEPT CHECK**—To provide students with a means of self-testing within the flow of chapter content, this feature offers a scenario with an illustration and questions to test students’ understanding of key chapter concepts. Answers to the visual concept checks appear at the end of the chapter.

**GLOSSARY**—Key terms are set in boldface type in the text and defined at the foot of the page for easy recognition and reference.

rainfall patterns and the actual rotation of a tornado. It does so by making use of the Doppler Effect, described first by the 19th-century physicist Christian Doppler, which states that the frequency of energy waves generated by a moving source changes relative to an observer.

A classic example of this effect is the sound a train makes as it approaches you. Have you ever noticed what happens? The pitch of the train’s whistle rises with the approach of the train and then lowers after it passes. Using this effect, Doppler radar can determine that raindrops on one side of a tornado are moving toward the radar detector, while those on

(Figure 8.20a). This rotation is seen by the meteorologist in the weather laboratory as a distinct **hook echo** on the computer screen (Figure 8.20b, c). If such a feature is identified, a tornado warning is quickly issued for the area in the path of the storm and people usually have sufficient time to seek shelter before the storm strikes.

**Hook echo** The diagnostic feature in Doppler radar indicating that strong rotation is occurring within a thunderstorm and that tornado development is thus possible.

**SUMMARY OF KEY CONCEPTS**

1. An air mass is a large body of air that forms in specific geographic regions and thus has distinctive characteristics. Five principal air masses affect North America. Continental air masses include continental Polar (cP), continental Arctic (cA), and continental Tropical (cT). The maritime air masses are maritime Tropical (mT) and maritime Polar (mP).
2. Air masses have distinct boundaries called fronts. At a stationary front, contrasting air masses are flowing parallel to one another. A warm front is a place where warm air is advancing into relatively cool air. Given that warm air slowly slides over the top of the cooler air along a warm front, rainfall is slow and steady. A cold front is a place where cold air is advancing into relatively warm air. Given the higher density of colder air, rainfall is intense and of short duration along the front because warm air
3. the polar front jet stream at the 500-mb pressure level. As a cyclone spins, it pulls warm (mT) air up from the south on its eastern side. This warm, moist air encounters cold air as it moves to the north. The cyclone also pulls cold air (cP) down from the north on its western side. This cold, dry air encounters warm air as it moves to the south.
4. In general, the most severe midlatitude storms form along strong cold fronts when warm, moist (mT) air ahead of the front is rapidly forced aloft. Thunderstorms evolve in predictable stages, including the cumulus stage, mature stage, and dissipating stage, that are related to the upward and downward flow of air. The strongest storms associated with midlatitude weather are tornadoes, which are localized bodies of intense low pressure that develop in association with supercell thunderstorms.

**SUMMARY OF KEY CONCEPTS**—The main points of the chapter are summarized.

**CHECK YOUR UNDERSTANDING**

1. Define an air mass.
2. What are the specific characteristics of an mT air mass, and how do they differ from the characteristics of a cP air mass?
3. Which air mass is most likely to be associated with precipitation—an mT air mass or a cP air mass? Why?
4. Discuss the evolution and migration of a midlatitude cyclone.
5. Why are midlatitude cyclones a mechanism through which contrasting air masses are mixed?
6. How does the formation of an upper air trough at the 500-mb level result in the development of a midlatitude cyclone?
7. What is the basic difference between a warm front and a cold front? Why is the term *front* used in association with these concepts?
8. Precipitation along a warm front is gradual and long-lasting, whereas it is short-lived and often violent along a cold front. Why does this difference exist?
9. Describe the evolution of a thunderstorm and the various stages it goes through during its life cycle.
10. What is a downdraft, and why is it the first step in the dissipation of a thunderstorm?
11. Discuss the evolution of a hurricane in the Northern Hemisphere, including its various stages, movement, and relationship with ocean temperature.

**CHECK YOUR UNDERSTANDING**—Self-assessment questions at the end of the chapter allow students to test their comprehension.



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**DISCOVERING  
PHYSICAL GEOGRAPHY**

Third Edition

WILEY



## CHAPTER ONE

# INTRODUCTION TO PHYSICAL GEOGRAPHY

I want to welcome you to this introductory textbook about physical geography, an exciting scientific discipline that examines the Earth and how it functions. Physical geographers study a wide variety of interesting things, ranging from climate and weather to soils, glaciers, and beaches, to name just a few. Their purpose is to understand the location and character of certain features on the landscape, such as mountain ranges and river valleys, and to explain why they came to be and how they differ from a geographical perspective. This text seeks to encapsulate the essence of physical geography in a way that is appropriate for a beginning student of the discipline such as yourself. As you read through it, your first goal should be to investigate the various physical processes on Earth and how they operate and combine to form distinctive geographical features and patterns. At a secondary level, you will be asked to examine how aspects of physical geography affect human lives and, in turn, how people impact them. This opening chapter outlines the topics discussed in this book and places them in the context of the overall discipline of geography. Then we discuss the various components and features of the book and how they will assist with your learning.



Kyu Oh/Getty Images

This view of Mt. Hood in Oregon reflects many geographical processes discussed in this text, including the character of the atmosphere, how water is stored and flows within the hydrosphere, the role of climate and its impact on vegetation, and the way landscapes evolve over time.

## CHAPTER PREVIEW

### The Scope of Geography

### Defining Physical Geography

### Organization of This Book



### *Stream Meandering*

## LEARNING OBJECTIVES

1. Comprehend the character and scope of geography as a scientific discipline.
2. Discuss the concept of spatial analysis and how it relates to geography.
3. Define the subdisciplines of physical geography.
4. Explain the concept of a natural system.
5. Define the four Earth spheres.
6. Describe how the scientific method is used in physical geography.
7. Discuss why physical geography is relevant to many human/environment issues.

## The Scope of Geography

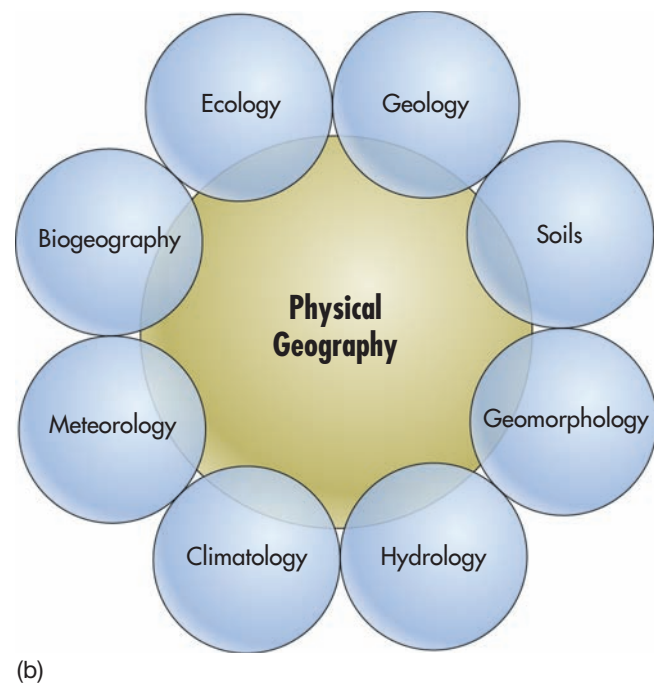
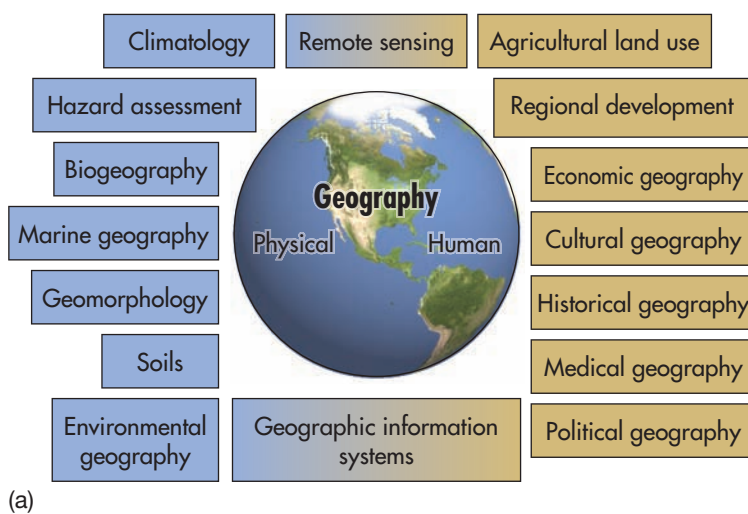
When most people are asked to describe the nature of geography, a common response is that the discipline focuses primarily on the locations of countries, capital cities, rivers, and oceans. They also assume that most of the work geographers do involves maps of some kind. Although such an understanding of the discipline is accurate to some degree, the field actually encompasses *far* more than the average person realizes. In fact, geography is a discipline that is highly relevant to everyday life in a myriad of ways, ranging from analysis of traffic patterns to importation of economic goods, migration of ethnic groups, cost of gasoline, and earthquake hazards, to name a very few. In addition to maps, geographers use a fascinating array of techniques and technologies to conduct their work, such as computer models, field reconnaissance, personal interviews, satellite imagery, global positioning systems, and even shovels.

Geography, a word derived from the Greek words for “Earth description,” is an ancient discipline that examines the spatial attributes of the Earth’s surface and how they differ from one place to another. The concept of geography has likely been important to the human experience for tens of thousands of years. It is easy to imagine, for example, that prehistoric hunters and gatherers were intimately aware of their surroundings, including the location and character of forests, streams, lakes, berry patches, migrating animal herds, and competing groups of people. In short, this *geographical awareness* would have been absolutely essential for people to sustain themselves and their communities. It would also have been critically important to pass this awareness on to future generations so that they, in turn, could successfully compete for resources.

So, for thousands of years at least, geography was a descriptive discipline that focused on the generalized location

and character of places and features on the landscape. As civilization evolved, however, geography slowly became an academic discipline with numerous specialized subfields. Scientists became experts in areas such as geology, meteorology, ecology, and human cultural differences. Interest in geography grew especially between the 15th and 19th centuries when explorers such as Christopher Columbus, Ferdinand Magellan, James Cook, Charles Darwin, and Lewis and Clark began to investigate parts of the world that were previously unknown to people of European descent (including Americans). These explorers, as well as many others, brought detailed descriptions of exotic places and animals to a keenly interested public. The new knowledge and perspectives gained from this time provided a major driving force for the development of the modern world.

The trend toward increased specialization in geography has continued to the present time. Most geographers generally consider themselves primarily either physical or human specialists. Within these two broad fields are a range of geographical subdisciplines, as shown in Figure 1.1a. Although each of these subfields has a unique focus, such as soils or agricultural land use, geographers draw from many of these subfields when they analyze any particular spatial pattern. For example, to fully understand human settlement patterns in Africa, it is important to consider the interaction of subfields such as climatology, soils, and vegetation. In turn, to understand the nature of soils in any given place, you must consider the effects of climatology, vegetation, geomorphology (Figure 1.1b), and perhaps even regional cultural practices.



**Figure 1.1 Subdisciplines of geography.** (a) The field of geography can be broadly subdivided into physical and human geography. Many subfields occur within these two broad categories, with many that overlap. (b) Physical geography itself overlaps with several other areas of science. Many of these areas require a good understanding of chemistry and physics as well.

Although this book focuses on physical geography, it is useful to know that all subfields of geography are based on the same five themes of location, movement, place, human/environment interactions, and region. Location refers to the exact position where something is found on Earth. As the name implies, movement is related to the way that geographical variables flow from one locality to another. The concept of place is an important theme in geography because it reflects the characteristics that make a certain location distinct. Human/environment interactions acknowledge the complex bond between people and nature. Finally, a region is an area that shares one or more common characteristics.

In the context of these five themes, all geographers share a common methodology that makes them part of the overall discipline. Geographers use a method known as **spatial analysis**, which attempts to explain patterns or distributions of specific variables across physical space. At a fundamental level, most geographers want to know the answer to a pair of important questions about any geographical variable: *where* and *why*. In other words, geographers want to know where a specific environmental or cultural variable is located and why it happens to be there.

To see how these questions are important and work in tandem, let's briefly consider an example involving cultural diversity in the Middle East. As you may know, this region has many different religious sects, dialects, and tribal identities. Although this diversity has produced a rich heritage, it has also resulted in a great deal of conflict between and among various cultural groups. A cultural geographer can examine the spatial distribution

**Spatial analysis** *A method of analyzing data that specifically includes information about the location of places and their defining characteristics.*

of the many groups in the area (in other words, *where are they?*), as well as study why people in one place differ in, say, their political or religious views, from people someplace else. The geographer might look for similarities (such as language or religion) among groups across physical space, which might explain why certain people align themselves politically with others. In the course of this study, the geographer would have integrated several variables into one picture, including language, religion, history, and climate. Such a study might contribute to an understanding of why people differ across this region and why sources of conflict remain.

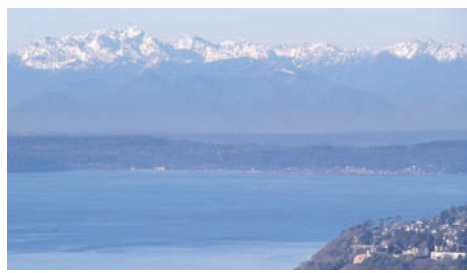
## Defining Physical Geography

Now that the general character of geography has been defined, let's focus on a more detailed definition of physical geography. You probably already have an interest in this part of the discipline, whether you know it or not. For example, do you like big storms and wonder why they happen? You may know that tornadoes frequently occur in the central United States, especially in the springtime (Figure 1.2a). Do you know why? Maybe you wonder why large mountains are found in Washington but not in Texas (Figure 1.2b). Perhaps you have heard about the Sahara Desert and wonder why it is so dry there and why much of it is covered with sand dunes (Figure 1.2c). Like many people, you might enjoy the seashore and wonder why nice beaches form in some places (Figure 1.2d) but not in others. If you have asked yourself questions like these, then you are probably interested in physical geography at some level. The fact is that most people have such an interest; they just do not realize it.



(a)

Eric Nguyen/Jim Reed Photography/Photo Researchers, Inc.



(b)

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(c)

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(d)

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**Figure 1.2 Some elements of physical geography.** (a) A tornado in the central United States (see Chapter 8). (b) The Olympic Mountains overlooking Puget Sound in Washington (see Chapter 13). (c) Sand dunes in the Sahara Desert (see Chapters 9 and 18). (d) Coastline at Big Sur in northern California (see Chapter 19).



Roger Harris/Photo Researchers, Inc.

(a)



Science Source

(b)



Alan Arbogast

(c)



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(d)

**Figure 1.3 Examples of energy flows on Earth.** (a) Earth receives its energy from the Sun in the form of solar radiation (see Chapters 3 and 4). (b) The atmosphere circulates energy around Earth, as can be seen in this stream of clouds (see Chapter 7). (c) Some energy is transferred when water flows from the atmosphere to Earth as rain (see Chapter 5). (d) Some of the energy on the surface of Earth is transferred by flowing water (see Chapter 16).

Simply stated, **physical geography** involves the spatial analysis of the various physical components and natural processes of the Earth. Some examples of Earth's physical components are air, water, rocks, vegetation, and soil. The term **process** broadly refers to a series of actions that can be measured and that produce a predictable end result. In physical geography, these processes are often products of the energy that flows from the Sun to Earth in the form of solar radiation. Once this energy reaches Earth, it then flows from one place to another on the planet in various forms. Some examples of natural processes directly related to the flow of solar radiation (Figure 1.3) are the circulation of the atmosphere (Chapter 7), the distribution of vegetation (Chapter 10), the formation of soils (Chapter 11), and the movement of water in the air and streams, and collection in lakes (Chapters 5 and 16).

As you will see throughout this book, many processes behave in an interconnected way within *natural systems* where one environmental variable has a direct impact on another.

Given these relationships, physical geographers often invoke **systems theory** in their studies because it is a holistic framework through which they can analyze and/or describe a group of variables that work together to produce some definable result. Another way to look at natural systems is to recognize that they are greater than the sum of their parts. Such systems depend on a set of energy inputs that flow in some way to various kinds of predictable outputs. Physical geographers understand that natural systems are complex and that processes within them

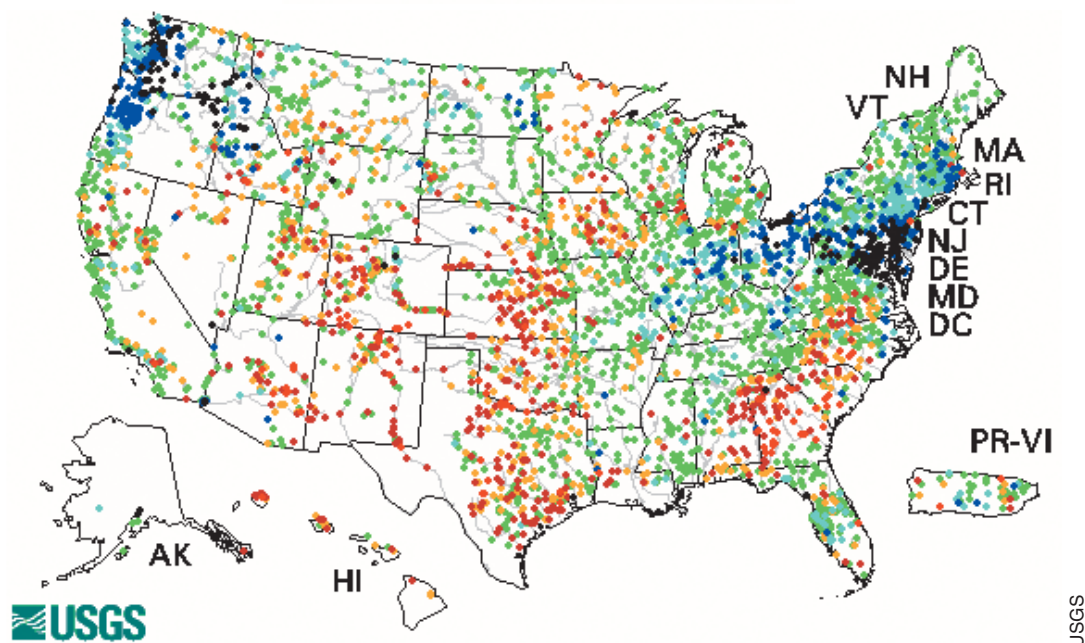
**Physical geography** *Spatial analysis of the physical components and natural processes that combine to form the environment.*

**Process** *A naturally occurring series of events or reactions that can be measured and that result in predictable outcomes.*

**Systems theory** *The examination of interactions involving energy inputs and outputs that result in predictable outcomes.*



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**Figure 1.4 Location of stream-gaging stations in the United States.** The dense concentration of stations in the eastern half of the country reflects the fact that many more streams occur in the eastern United States than in the interior western states. The map is color-coded to illustrate the amount of water in any given stream on October 29, 2012, relative to its average flow on that day calculated over time. For example, red dots reflect very low water levels, whereas dark blue/purple dots mean that stream flow was relatively high on that day. Black dots represent localities on streams that have very high flow and may be close to flooding. The concentration of black dots along the central Atlantic coast reflects prodigious rains dropped by Hurricane Sandy on this day.

do not occur in isolation from one another. Instead, they are interconnected in often complicated ways that may at first appear chaotic. Despite this apparent complexity, natural systems are, in fact, self-organizing entities that internally adjust toward an equilibrium condition. These adjustments can be readily explained by understanding how dynamic feedbacks, oscillations, and delays in reaction time influence outcomes.

To see an example of how environmental variables relate to one another and can be viewed holistically within a natural system, imagine you want to explain the spatial distribution of rivers in the United States. One way to see the geographical concentration of rivers in the country is with a map showing the location of gaging stations, which are places where the U.S. Geological Survey continuously monitors the flow of water in the streams (Figure 1.4). Observe that the eastern part of the country contains many more gaging stations than the interior west in places such as Nevada and Utah. This pattern reflects the fact that far more streams are found in the eastern part of the United States than in the interior west.

The question a geographer would ask about this pattern is: *Why do more rivers occur in the eastern United States than in the western part of the country?* This question would naturally lead you to holistically examine streams as natural systems that reflect the input of water from some kind of source to the output of water actually flowing in rivers and creeks. Understanding these relationships, in turn, helps explain the geographical patterns observed in Figure 1.4. The simple reason for the geographical

distribution of streams in the United States is that far more precipitation falls in the eastern part of the United States than in the western states. You will later study why this geographical variability occurs, but for now it is sufficient to say it exists because the atmosphere over the eastern United States typically contains more water than in the interior parts of the western states. Thus, more water flows from the atmosphere to the ground as precipitation in the eastern United States than in the western states. Some of this water flows directly across the Earth's surface as input into streams. A great deal of it slowly absorbs into the ground where it is steadily released into streams. As a result of these interconnected processes, the eastern United States contains more streams than the western part of the country.

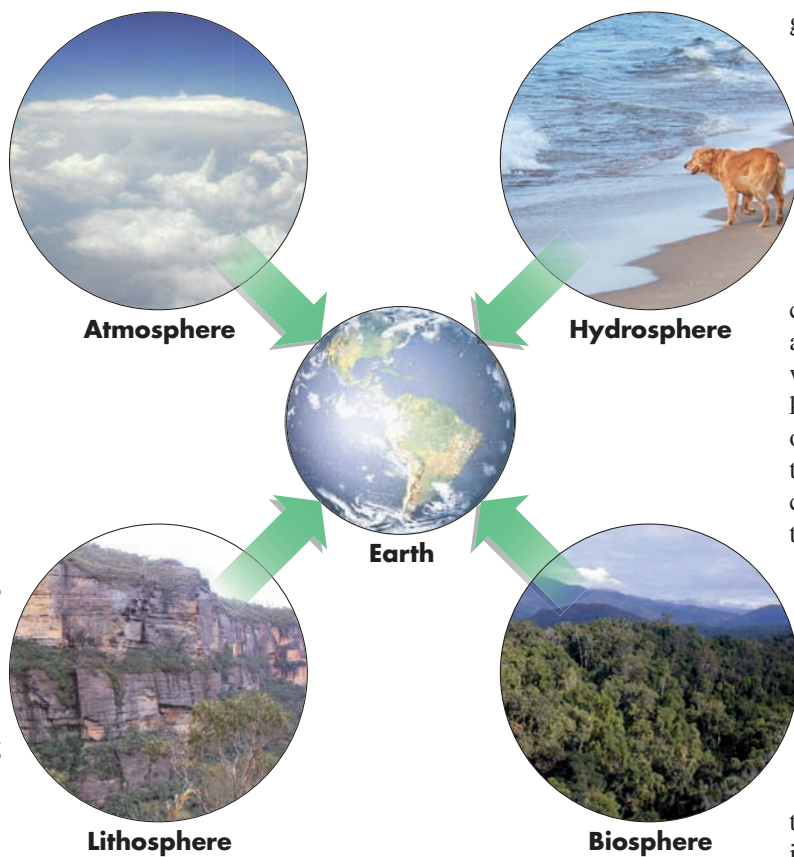
## The Earth's Four Spheres

As you can imagine, a huge number of component/process combinations exist for geographical study in a holistic way. In physical geography, these various combinations can be grouped into the four “spheres” on Earth (Figure 1.5):

1. **Atmosphere**—The atmosphere is the gaseous shell that surrounds Earth. This sphere is composed of many critical components essential to life, such as oxygen, carbon, water, and nitrogen, that flow around Earth.
2. **Lithosphere**—The lithosphere is the solid part of Earth, including soil and minerals. A good example of a natural

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**Atmosphere** *The gaseous shell that surrounds Earth.*



**Figure 1.5 The four Earth spheres.** Each sphere encompasses a major component of the Earth's natural environment.

system in this sphere is the way in which water, minerals, and organic matter flow in the outermost layer of the Earth to form soil. This sphere provides the habitat and nutrients for many life-forms.

- 3. Hydrosphere**—The hydrosphere is the part of Earth where water, in all its forms (solid ice, liquid water, and gaseous water vapor), flows and is stored. This sphere is absolutely critical to life and is one with which humans regularly interact—for example, through irrigation and navigation.
- 4. Biosphere**—The biosphere is the living portion of Earth and includes all the plants and animals (including humans) on the planet. Various components of this sphere regularly flow from one place to another, both on a seasonal basis and through human intervention. Humans interact with this sphere in a wide variety of ways, with agriculture being an obvious example.

These four spheres overlap to form the natural environment that makes Earth a unique place within our solar system. Physical

**Lithosphere** *A layer of solid, brittle rock that comprises the outer 70 km (44 mi) of Earth.*

**Hydrosphere** *The part of Earth where water, in all its forms, flows and is stored.*

**Biosphere** *The portion of Earth and its atmosphere that supports life.*

geography examines the spatial variation within these spheres, how natural systems work within them, the observable outcomes in each, and the manner in which components flow from one sphere to another.

Physical geography can be a descriptive discipline that simply characterizes the nature of the Earth's spheres in specific regions. A simple example of such a descriptive focus would be to acknowledge that the western part of the United States is mountainous, whereas the central part of the country consists mostly of relatively level plains. Physical geography is also a science because research is conducted within the framework of the scientific method, which is the systematic pursuit of knowledge through the recognition of a problem, the formulation of hypotheses, and the testing of hypotheses through the collection of data by measurement, observation, and experiment. The conclusions derived from the systematic application of the scientific method contribute to the formulation of scientific theories and laws that explain how Earth functions.

A simple example of using the scientific method in physical geography would be to test the hypothesis that water in streams within a certain region is acidic. This hypothesis would best be tested by collecting water samples from a number of streams and conducting chemical analyses on them to determine their acid levels. If high acid levels were indeed obtained, then an effort would be made to explain why that pattern occurred. In addition to the understanding produced in these kinds of analyses, physical geographers also test hypotheses about all sorts of natural phenomena by collecting information from the atmosphere, rocks, soils, ice cores, satellite images, the Earth's magnetic field, and even other planets (Figure 1.6). For these investigations to occur, it is essential that scientists understand physical laws and have the ability to mathematically analyze and compare them.

## Organization of This Book

The chapters in this book are organized to provide you with a good understanding of the fundamental concepts associated with physical geography. They contain information that ranges in scale from global to local, which will allow you to better grasp your place both in the world and even in your neighborhood. Chapter 2 focuses on the various kinds of tools that geographers use in their work, such as maps, remote sensing, and geographical information systems. Chapters 3 through 5 examine our relationship with the Sun (Chapter 3), the way we receive solar radiation (Chapter 4), and how those interactions relate to temperature (Chapter 5). The processes discussed in these chapters will prepare you for the topics that will be covered in the rest of the book. Chapters 6 through 9 revolve around the atmosphere, including the way that air circulates within it (Chapter 6), precipitation processes (Chapter 7), weather systems (Chapter 8), and global climate patterns (Chapter 9). The text then examines the influence of the atmosphere and how it interacts with Earth's other spheres by focusing on plant geography in Chapter 10 and soils in Chapter 11.

Chapters 12 through 19 deal mainly with the lithosphere and hydrosphere. Chapter 12 describes the Earth's internal structure,



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(a)



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**Figure 1.6 Examples of collecting scientific data about Earth.** (a) Certain satellites are designed to obtain measurements about the atmosphere, oceans, and the distribution and character of plants, among many other things. (b) To learn about the behavior of streams in the past, scientists study the type of sediment deposited by the stream through time. This picture is from one of my class field trips in the Great Plains. (c) One way to learn about past climate changes on Earth is to obtain samples of ancient ice on the Greenland and Antarctic ice caps. (d) New methods of surveying enable scientists to obtain accurate measurements about elevation and location.

rock cycle, and geologic time. This discussion leads directly into Chapter 13, which focuses on the lithosphere and tectonic landforms. From there, we turn your attention in Chapter 14 to the way that rocks weather and how sediment moves through mass wasting processes. Chapters 15 and 16 discuss the way that water moves on Earth and how it is stored within it. Chapter 15 focuses specifically on groundwater processes and the formation of landforms such as caves. In Chapter 16 we look at how water flows across the surface in stream systems and the landforms that result. Chapters 17 through 19 are devoted to specific geomorphic processes and the resulting landforms, including glaciers (Chapter 17), eolian (wind) processes and arid landscapes (Chapter 18), and coastal regions (Chapter 19).

## Exploring Cause-and-Effect Relationships Holistically

As you work through these chapters, you will constantly see how the four Earth spheres interact with each other to produce definable geographical patterns. To understand how such interactions work, let's briefly examine the searing drought in the central United States in the summer of 2012. With this issue in mind, consider the following question, one that encompasses elements of the atmosphere and the hydrosphere: How was the quantity of water in rivers in this part of the country affected by the drought? A testable hypothesis would be that the quantity of water in rivers decreased. You could test this hypothesis by